

Table 1.32A Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment and Demographic Characteristics: Numbers in Thousands, 2008 and 2009

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2008	2009	2008	2009	2008	2009
TOTAL	10,560 ^b	11,995	5,353	5,918	5,148 ^a	6,054
AGE						
18-25	2,592	2,605	1,012	1,006	1,569	1,593
26-49	5,970	6,621	3,175	3,472	2,791	3,132
50 or Older	1,997 ^a	2,768	1,166	1,440	788 ^a	1,328
GENDER						
Male	3,372	3,832	1,469	1,731	1,867	2,082
Female	7,188 ^a	8,163	3,884	4,188	3,281 ^a	3,971
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	9,559 ^a	10,711	4,943	5,351	4,560 ^a	5,340
White	8,006	8,724	4,241	4,535	3,712	4,176
Black or African American	1,183	1,381	523	552	659	824
Other or Two or More Races	370 ^a	607	178	264	189	340
Hispanic or Latino	1,001	1,283	410	567	588	713
EDUCATION						
< High School	1,384	1,623	702	799	648	806
High School Graduate	2,881	3,192	1,565	1,686	1,309	1,505
Some College	3,576	3,538	1,845	1,825	1,718	1,709
College Graduate	2,719 ^b	3,642	1,240 ^a	1,608	1,473 ^a	2,033
CURRENT EMPLOYMENT						
Full-Time	5,058	5,649	2,324	2,402	2,733	3,241
Part-Time	1,914	2,017	839	971	1,067	1,031
Unemployed	756 ^a	1,031	361	517	395	511
Other ³	2,832	3,298	1,829	2,028	953	1,270

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown unmet need information were excluded.

^a Difference between estimate and 2009 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2009 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column represent past year unmet need for all persons aged 18 or older, including those with unknown mental health treatment/counseling information.

² Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008 and 2009.

Table 1.32B Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment and Demographic Characteristics: Percentages, 2008 and 2009

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2008	2009	2008	2009	2008	2009
TOTAL	4.7 ^b	5.3	17.9	19.6	2.7 ^a	3.1
AGE						
18-25	7.9	7.8	28.6	27.2	5.4	5.4
26-49	6.0 ^a	6.7	22.8	24.1	3.3	3.7
50 or Older	2.2 ^a	2.9	9.4	11.9	1.0	1.6
GENDER						
Male	3.1	3.5	14.7	17.2	1.9	2.1
Female	6.2 ^a	7.0	19.5	20.9	3.4 ^a	4.1
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	4.9 ^a	5.5	17.8	19.2	2.7 ^a	3.2
White	5.2	5.6	17.3	18.3	2.9	3.2
Black or African American	4.6	5.3	23.9	27.5	2.8	3.4
Other or Two or More Races	2.6 ^a	4.3	16.4	23.4	1.5	2.6
Hispanic or Latino	3.3	4.1	20.0	25.1	2.1	2.5
EDUCATION						
< High School	4.0	4.7	18.1	20.8	2.1	2.6
High School Graduate	4.1	4.6	18.3	19.5	2.1	2.5
Some College	6.3	6.1	22.8	21.7	3.5	3.5
College Graduate	4.4 ^b	5.6	13.3 ^a	17.4	2.8 ^a	3.7
CURRENT EMPLOYMENT						
Full-Time	4.1 ^b	4.9	17.7	18.8	2.5 ^b	3.2
Part-Time	6.3	6.4	18.1	19.9	4.2	3.8
Unemployed	8.4	7.0	28.6	27.7	5.1	4.0
Other ³	4.5	5.0	16.9	19.1	1.8	2.3

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown unmet need information were excluded.

^a Difference between estimate and 2009 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2009 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column represent past year unmet need for all persons aged 18 or older, including those with unknown mental health treatment/counseling information.

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³ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008 and 2009.

Table 1.33A Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment, and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2008 and 2009

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2008	2009	2008	2009	2008	2009
TOTAL	10,560 ^b	11,995	5,353	5,918	5,148 ^a	6,054
GEOGRAPHIC REGION						
Northeast	1,822	1,912	905	922	910	978
Midwest	2,602	2,701	1,340	1,289	1,217	1,412
South	3,626	4,123	1,836	2,186	1,783	1,932
West	2,509 ^b	3,259	1,272	1,522	1,238 ^a	1,731
COUNTY TYPE						
Large Metro	5,403 ^a	6,408	2,463 ^b	3,089	2,933	3,313
Small Metro	3,390	3,682	1,851	1,787	1,497 ^a	1,883
250K – 1 Mil. Pop.	2,355	2,480	1,297	1,118	1,020 ^a	1,349
< 250K Pop.	1,035	1,203	554	669	477	534
Nonmetro	1,767	1,904	1,039	1,043	717	858
Urbanized	758	925	434	569	324	356
Less Urbanized	887	822	540	393	336	428
Completely Rural	123	157	*	*	57	74
FAMILY INCOME						
Less Than \$20,000	2,950	3,371	1,562	1,757	1,348	1,608
\$20,000 - \$49,999	3,655	3,544	1,810	1,778	1,831	1,761
\$50,000 - \$74,999	1,664	1,859	885	910	779	937
\$75,000 or More	2,291 ^b	3,221	1,095 ^a	1,474	1,189 ^b	1,747
GOVERNMENT ASSISTANCE³						
Yes	2,671 ^a	3,229	1,560 ^a	1,970	1,077	1,256
No	7,888 ^a	8,765	3,792	3,949	4,070 ^a	4,798

*Low precision; no estimate reported.

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² Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

³ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008 and 2009.

Table 1.33B Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment, and Geographic and Socioeconomic Characteristics: Percentages, 2008 and 2009

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TOTAL	4.7 ^b	5.3	17.9	19.6	2.7 ^a	3.1
GEOGRAPHIC REGION						
Northeast	4.4	4.6	16.3	17.4	2.5	2.7
Midwest	5.3	5.4	19.0	17.9	2.9	3.3
South	4.4	5.0	18.0	19.6	2.5	2.7
West	4.9 ^b	6.2	17.9 ^a	23.4	2.8 ^a	3.8
COUNTY TYPE						
Large Metro	4.5 ^a	5.3	16.2 ^b	20.7	2.8	3.1
Small Metro	5.0	5.3	19.4	18.0	2.6 ^a	3.2
250K – 1 Mil. Pop.	5.2	5.5	20.6	17.0	2.6 ^a	3.5
< 250K Pop.	4.5	5.1	17.1	19.9	2.4	2.7
Nonmetro	4.8	5.1	20.1	19.8	2.3	2.7
Urbanized	4.9	5.7	18.6	26.2	2.5	2.5
Less Urbanized	4.9	4.8	22.1 ^a	15.4	2.2	2.9
Completely Rural	3.4	4.1	*	*	1.8	2.3
FAMILY INCOME						
Less Than \$20,000	7.8	8.5	25.9	28.9	4.3	4.8
\$20,000 - \$49,999	5.0	4.8	20.8	19.4	2.9	2.7
\$50,000 - \$74,999	4.0	4.8	15.5	16.8	2.2	2.8
\$75,000 or More	3.2 ^b	4.4	11.6 ^a	15.6	1.9 ^b	2.7
GOVERNMENT ASSISTANCE³						
Yes	8.6	9.3	26.1	28.7	4.3	4.5
No	4.1 ^a	4.6	15.9	17.0	2.4 ^a	2.8

*Low precision; no estimate reported.

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