

Table 6.1A Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2005 and 2006

| Age Category | Total | | GENDER | | | |
|--------------|--------------------|--------|------------------|-------|--------------------|--------|
| | | | Male | | Female | |
| | 2005 | 2006 | 2005 | 2006 | 2005 | 2006 |
| TOTAL | 24,618 | 24,901 | 8,776 | 9,211 | 15,842 | 15,690 |
| 18 | 870 | 854 | 351 | 319 | 519 | 535 |
| 19 | 822 | 839 | 307 | 334 | 515 | 505 |
| 20 | 836 | 753 | 333 | 264 | 502 | 489 |
| 21 | 762 | 796 | 302 | 342 | 460 | 454 |
| 22 | 770 | 659 | 308 ^a | 227 | 461 | 432 |
| 23 | 697 | 638 | 274 | 212 | 423 | 426 |
| 24 | 660 | 597 | 263 | 202 | 397 | 395 |
| 25 | 633 | 649 | 209 | 264 | 424 | 385 |
| 26-29 | 2,103 ^b | 2,693 | 886 | 1,045 | 1,217 ^b | 1,648 |
| 30-34 | 2,526 | 2,602 | 923 | 1,035 | 1,603 | 1,567 |
| 35-39 | 2,478 | 2,542 | 814 | 735 | 1,664 | 1,806 |
| 40-44 | 2,914 | 2,819 | 1,012 | 1,162 | 1,902 | 1,657 |
| 45-49 | 2,451 | 2,397 | 830 | 946 | 1,621 | 1,451 |
| 50-54 | 1,856 | 2,061 | 658 | 651 | 1,198 | 1,411 |
| 55-59 | 1,694 | 1,737 | 515 | 823 | 1,179 | 914 |
| 60-64 | 855 | 755 | 401 ^b | 111 | 454 | 644 |
| 65 or Older | 1,690 | 1,511 | 388 | 540 | 1,302 | 971 |

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these estimates are not comparable with SPD estimates published in 2004 and prior years. See Section B.4.4 in Appendix B of the *Results from the 2006 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2006 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2006 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2005 and 2006.

Table 6.1B Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2005 and 2006

| Age Category | Total | | GENDER | | | |
|--------------|-------------------|------|-------------------|------|-------------------|------|
| | | | Male | | Female | |
| | 2005 | 2006 | 2005 | 2006 | 2005 | 2006 |
| TOTAL | 11.3 | 11.3 | 8.4 | 8.7 | 14.0 | 13.7 |
| 18 | 19.0 | 18.6 | 14.3 | 12.8 | 24.5 | 25.5 |
| 19 | 19.2 | 20.1 | 14.0 | 15.0 | 24.6 | 26.0 |
| 20 | 20.3 | 18.7 | 17.0 ^a | 13.2 | 23.4 | 24.1 |
| 21 | 19.0 | 18.5 | 14.8 | 15.9 | 23.3 | 21.2 |
| 22 | 19.0 | 16.7 | 15.1 ^a | 11.5 | 22.9 | 21.8 |
| 23 | 17.9 | 16.2 | 14.5 ^a | 11.0 | 21.2 | 21.1 |
| 24 | 17.8 ^a | 15.2 | 14.2 ^a | 10.7 | 21.4 | 19.5 |
| 25 | 16.5 | 16.9 | 11.0 ^a | 14.5 | 21.8 | 19.0 |
| 26-29 | 13.5 ^a | 16.3 | 11.2 | 12.9 | 16.0 ^a | 19.7 |
| 30-34 | 13.1 | 14.0 | 9.8 | 11.0 | 16.2 | 17.0 |
| 35-39 | 12.4 | 12.2 | 8.1 | 7.2 | 16.8 | 17.0 |
| 40-44 | 12.5 | 12.6 | 8.8 | 10.6 | 15.9 | 14.5 |
| 45-49 | 11.2 | 10.9 | 7.8 | 8.7 | 14.3 | 13.1 |
| 50-54 | 9.4 | 9.9 | 6.9 | 6.5 | 11.8 | 13.0 |
| 55-59 | 9.9 | 9.9 | 6.5 | 9.4 | 12.8 | 10.4 |
| 60-64 | 6.5 | 5.6 | 6.0 ^b | 1.8 | 7.0 | 9.1 |
| 65 or Older | 4.8 | 4.2 | 2.6 | 3.5 | 6.4 | 4.8 |

*Low precision; no estimate reported.

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^a Difference between estimate and 2006 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2006 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2005 and 2006.

**Table 6.2A Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Age Group and Demographic Characteristics:
Numbers in Thousands, 2005 and 2006**

| Demographic Characteristic | Total | | AGE GROUP | | | | | |
|---|--------|--------|-----------|-------|--------------------|--------|-------------|-------|
| | | | 18-25 | | 26-49 | | 50 or Older | |
| | 2005 | 2006 | 2005 | 2006 | 2005 | 2006 | 2005 | 2006 |
| TOTAL | 24,618 | 24,901 | 6,050 | 5,784 | 12,472 | 13,052 | 6,096 | 6,065 |
| GENDER | | | | | | | | |
| Male | 8,776 | 9,211 | 2,349 | 2,164 | 4,465 | 4,922 | 1,962 | 2,125 |
| Female | 15,842 | 15,690 | 3,702 | 3,621 | 8,007 | 8,130 | 4,134 | 3,940 |
| HISPANIC ORIGIN AND RACE | | | | | | | | |
| Not Hispanic or Latino | 21,366 | 21,782 | 5,087 | 4,922 | 10,668 | 11,315 | 5,611 | 5,545 |
| White | 17,373 | 17,465 | 3,979 | 3,802 | 8,715 | 9,131 | 4,679 | 4,532 |
| Black or African American | 2,650 | 2,660 | 706 | 710 | 1,294 | 1,347 | 649 | 603 |
| American Indian or Alaska Native | 232 | 284 | 39 | 33 | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | 89 | * | * | * | * | * | * |
| Asian | 656 | 722 | 257 | 260 | 338 | 393 | * | * |
| Two or More Races | 372 | 563 | 88 | 80 | 168 | 261 | 116 | * |
| Hispanic or Latino | 3,252 | 3,118 | 964 | 863 | 1,804 | 1,737 | 484 | 519 |
| EDUCATION | | | | | | | | |
| < High School | 5,067 | 5,037 | 1,206 | 1,202 | 2,145 | 2,323 | 1,717 | 1,513 |
| High School Graduate | 7,473 | 8,070 | 2,183 | 2,029 | 3,568 ^a | 4,189 | 1,722 | 1,852 |
| Some College | 6,970 | 7,134 | 2,023 | 1,931 | 3,680 | 3,593 | 1,268 | 1,610 |
| College Graduate | 5,108 | 4,659 | 639 | 622 | 3,079 | 2,947 | 1,389 | 1,090 |
| CURRENT EMPLOYMENT | | | | | | | | |
| Full-Time | 11,759 | 12,312 | 2,615 | 2,472 | 7,294 | 7,833 | 1,850 | 2,007 |
| Part-Time | 3,603 | 3,789 | 1,701 | 1,573 | 1,382 | 1,524 | 521 | 693 |
| Unemployed | 1,528 | 1,524 | 540 | 605 | 841 | 801 | * | * |
| Other ¹ | 7,728 | 7,275 | 1,195 | 1,134 | 2,955 | 2,894 | 3,578 | 3,247 |

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these estimates are not comparable with SPD estimates published in 2004 and prior years. See Section B.4.4 in Appendix B of the *Results from the 2006 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2006 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2006 estimate is statistically significant at the 0.01 level.

¹ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2005 and 2006.

Table 6.2B Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Age Group and Demographic Characteristics: Percentages, 2005 and 2006

| Demographic Characteristic | Total | | AGE GROUP | | | | | |
|---|-------|------|-------------------|------|-------------------|------|-------------|------|
| | | | 18-25 | | 26-49 | | 50 or Older | |
| | 2005 | 2006 | 2005 | 2006 | 2005 | 2006 | 2005 | 2006 |
| TOTAL | 11.3 | 11.3 | 18.6 ^a | 17.7 | 12.5 | 13.0 | 7.1 | 6.9 |
| GENDER | | | | | | | | |
| Male | 8.4 | 8.7 | 14.4 ^a | 13.1 | 9.0 | 9.9 | 5.0 | 5.3 |
| Female | 14.0 | 13.7 | 22.9 | 22.3 | 15.8 | 16.0 | 9.0 | 8.4 |
| HISPANIC ORIGIN AND RACE | | | | | | | | |
| Not Hispanic or Latino | 11.2 | 11.4 | 19.0 | 18.3 | 12.6 | 13.4 | 7.1 | 6.9 |
| White | 11.4 | 11.4 | 19.8 | 18.8 | 13.3 | 14.1 | 7.0 | 6.7 |
| Black or African American | 10.7 | 10.5 | 15.9 | 15.8 | 10.6 | 10.9 | 8.0 | 7.2 |
| American Indian or Alaska Native | 21.1 | 25.9 | 17.8 | 18.2 | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | 10.8 | * | * | * | * | * | * |
| Asian | 7.2 | 7.8 | 16.9 | 17.0 | 6.7 | 7.7 | * | * |
| Two or More Races | 16.8 | 25.3 | 25.8 | 22.9 | 20.2 | 28.0 | 11.2 | * |
| Hispanic or Latino | 11.7 | 10.8 | 16.8 | 14.8 | 11.6 | 10.7 | 7.5 | 7.6 |
| EDUCATION | | | | | | | | |
| < High School | 14.2 | 13.7 | 18.1 | 18.4 | 15.7 | 16.6 | 11.1 | 9.4 |
| High School Graduate | 10.9 | 11.7 | 19.4 | 18.0 | 12.2 ^a | 14.0 | 6.2 | 6.6 |
| Some College | 12.6 | 12.9 | 19.3 | 18.2 | 14.2 | 13.9 | 6.7 | 8.6 |
| College Graduate | 8.7 | 7.8 | 15.4 | 14.4 | 9.9 | 9.6 | 6.0 | 4.4 |
| CURRENT EMPLOYMENT | | | | | | | | |
| Full-Time | 9.8 | 10.1 | 17.1 ^a | 15.7 | 10.1 | 10.9 | 5.5 | 6.0 |
| Part-Time | 12.7 | 13.1 | 20.6 | 19.0 | 12.7 | 14.6 | 5.6 | 6.8 |
| Unemployed | 20.1 | 21.6 | 21.0 | 24.3 | 22.7 | 23.8 | * | * |
| Other ¹ | 12.6 | 11.5 | 18.9 | 18.3 | 21.7 | 19.9 | 8.6 | 7.7 |

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Due to questionnaire changes, these estimates are not comparable with SPD estimates published in 2004 and prior years. See Section B.4.4 in Appendix B of the *Results from the 2006 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2006 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2006 estimate is statistically significant at the 0.01 level.

¹ The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2005 and 2006.