

Metro

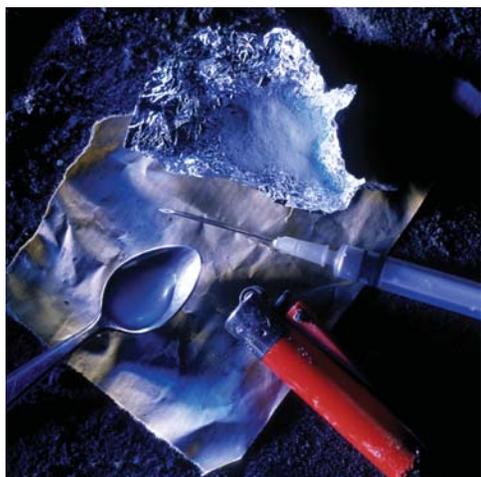
BRIEF



Portland

Substance Abuse Treatment in Metropolitan Areas

Office of Applied Studies



This report is one in a series of reports that provide a snapshot of substance abuse treatment in various metropolitan areas nationwide. This report focuses on substance abuse treatment admissions and treatment facilities in the Metropolitan Statistical Area (MSA)¹ of Portland-Vancouver-Beaverton, OR-WA,² hereafter referred to as Portland.

Data presented in this report are derived from the Treatment Episode Data Set (TEDS),³ which collects information on the characteristics of persons admitted to substance abuse treatment, and the National Survey of Substance Abuse Treatment Services (N-SSATS),⁴ an annual survey of treatment facilities. Both TEDS and N-SSATS are conducted by the Office of Applied Studies, Substance Abuse and Mental Health Services Administration (SAMHSA).

Demographic Characteristics of Treatment Admissions

- In 2008, there were approximately 21,800 total substance abuse treatment admissions in Portland: 67 percent were male and 33 percent were female.

The age and race/ethnicity of treatment admissions in the Portland area are shown below in Figures 1 and 2.

Figure 1. Treatment Admissions by Age: Portland: TEDS 2008

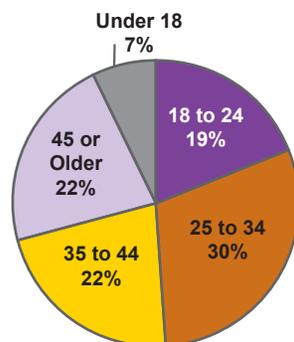
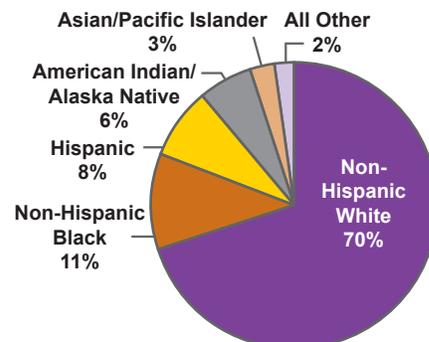


Figure 2. Treatment Admissions by Race/Ethnicity: Portland: TEDS 2008



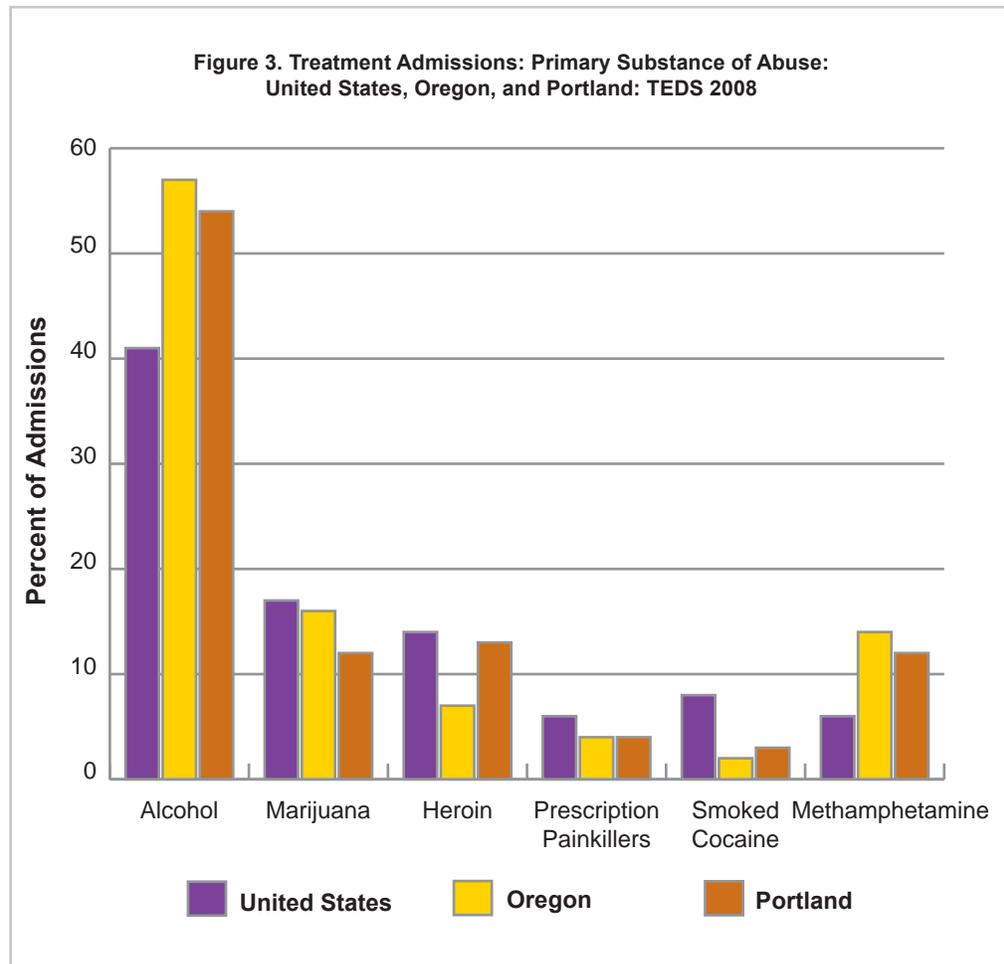
Source: Treatment Episode Data Set (TEDS) 2008



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services Administration
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Primary Substance of Abuse⁵ Reported at Treatment Admission

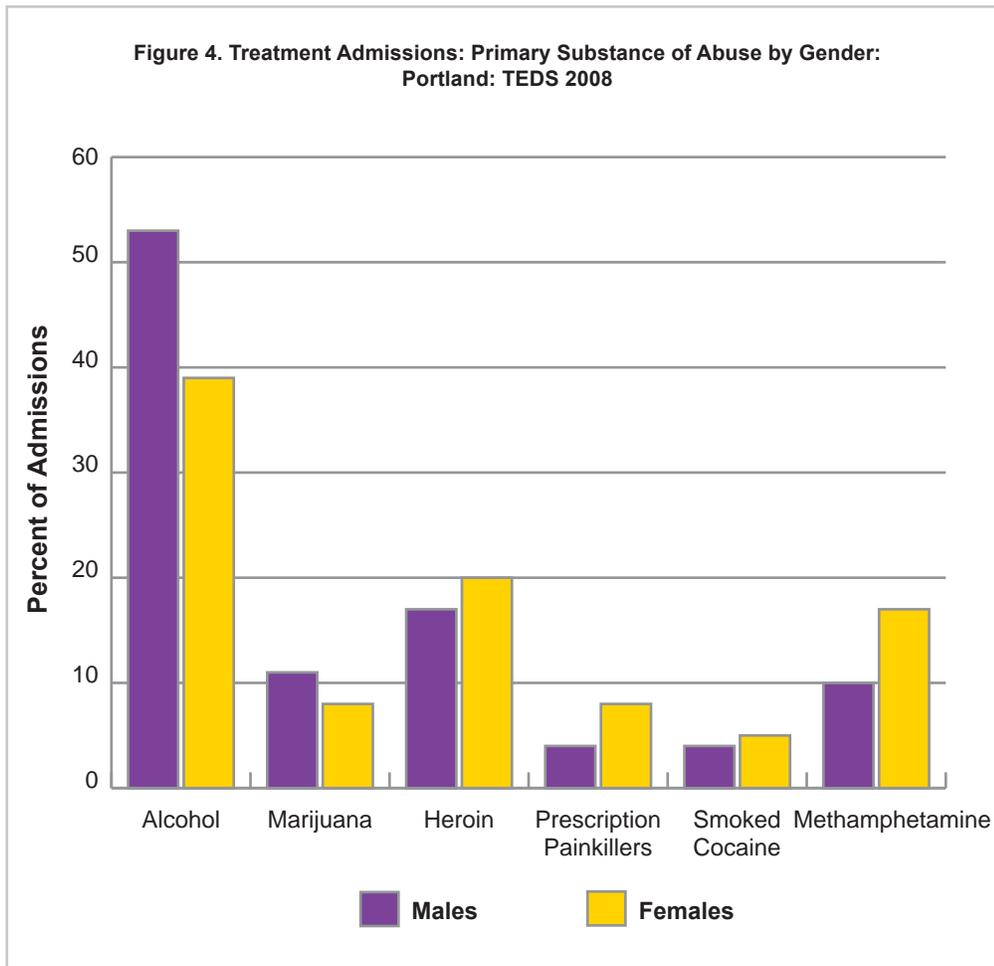
- Compared with the Nation as a whole and the State of Oregon, treatment admissions in Portland were:
 - less likely to report marijuana,
 - more likely than all U.S. admissions but less likely than admissions in Oregon as a whole to report alcohol,
 - more likely than all U.S. admissions but less likely than admissions in Oregon as a whole to report methamphetamine, and
 - about equally likely as all U.S. admissions and more likely than admissions in Oregon as a whole to report heroin (Figure 3).



Source: Treatment Episode Data Set (TEDS) 2008

By Gender

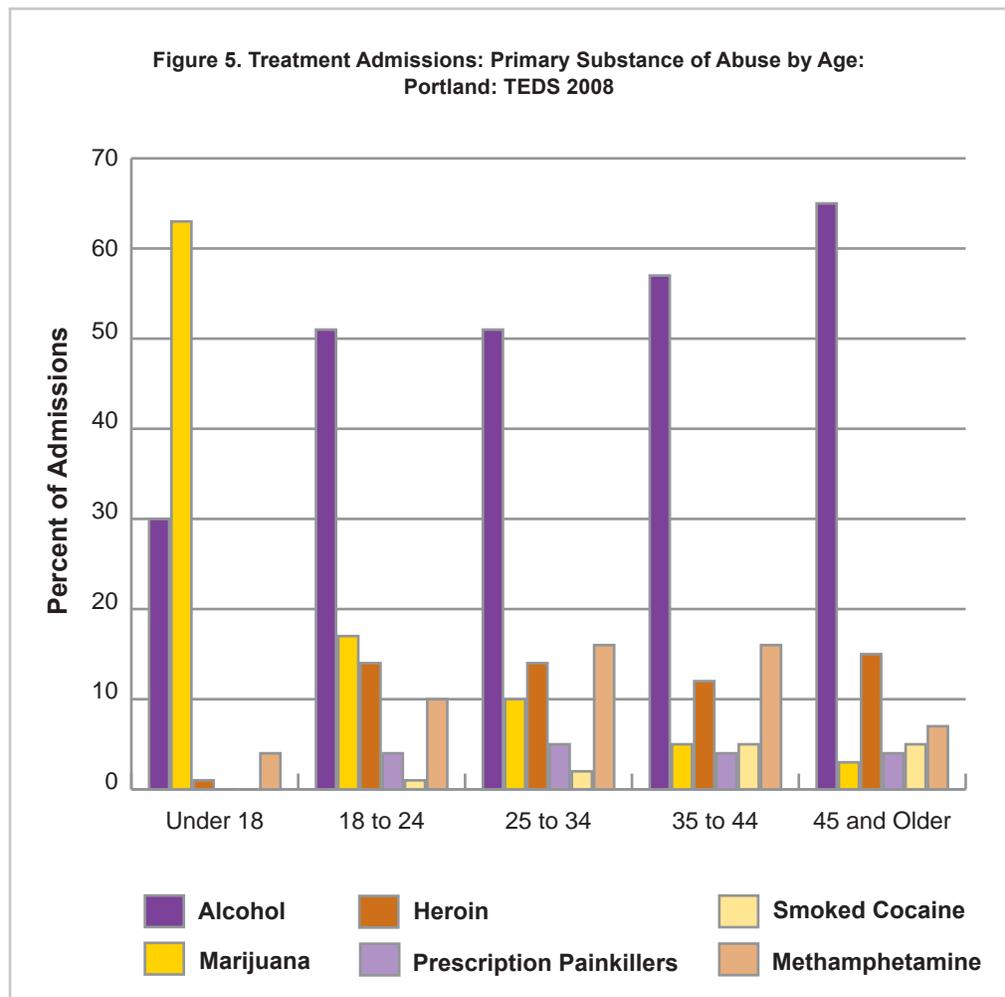
- Males and females reported alcohol as their primary substance of abuse more frequently than other substances, followed by heroin (Figure 4).
- Females were less likely than males to report alcohol and marijuana, but more likely to report methamphetamine, prescription painkillers, and heroin.



Source: Treatment Episode Data Set (TEDS) 2008

By Age

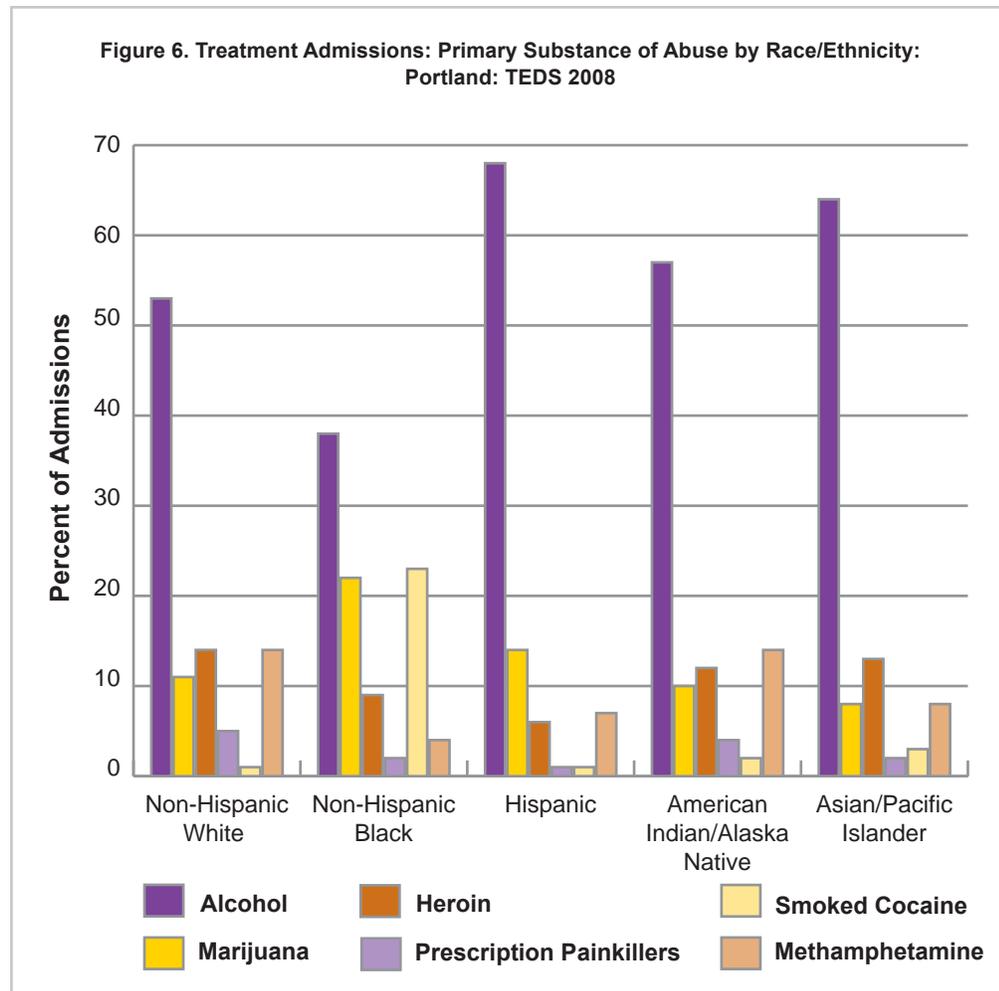
- Admissions under the age of 18 reported marijuana as their primary substance of abuse more often than other substances. Reports of marijuana decreased with age.
- Conversely, reports of alcohol increased with age. Alcohol was the most prevalent substance of abuse among admissions aged 18 and older.
- Second to alcohol, admissions aged 25 to 44 reported methamphetamine more frequently than other substances, and those aged 45 and older reported heroin.
- Among admissions aged 25 to 44, heroin was the third most frequently reported substance (Figure 5).



Source: Treatment Episode Data Set (TEDS) 2008

By Race/Ethnicity

- Alcohol was the most prevalent substance of abuse among admissions in all racial/ethnic groups.
- Compared with admissions in all other race/ethnic groups, non-Hispanic Blacks were most likely to report marijuana and smoked cocaine; non-Hispanic White and American Indian/Alaska Native admissions were most likely to report methamphetamine (Figure 6).



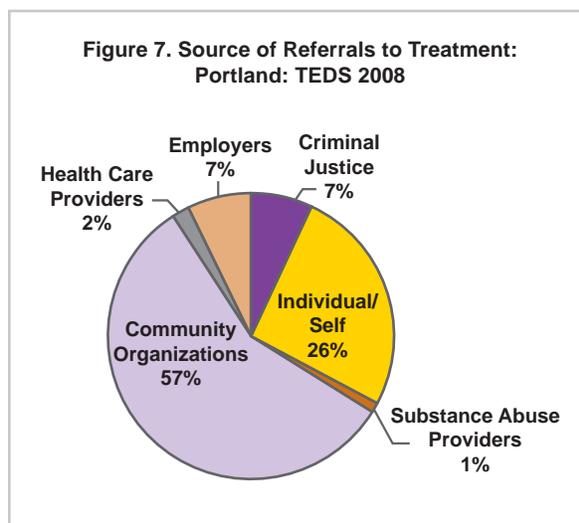
Source: Treatment Episode Data Set (TEDS) 2008

Injection Drug Use

- Of the total admissions in Portland, 16 percent reported injection drug use.

Sources of Referral

- Community organizations were the primary source of referral to treatment in the Portland metropolitan area (57 percent), followed by individual/self-referral (26 percent), the criminal justice system (7 percent), and employers (7 percent) (Figure 7).



Source: Treatment Episode Data Set (TEDS) 2008

Substance Abuse Treatment Facilities

Types of Care

- In 2008, 101 facilities in Portland offered substance abuse treatment services: 91 facilities offered outpatient care, 24 facilities offered non-hospital residential care, and 1 facility offered hospital inpatient care. (Some facilities offered more than one type of care.)

Outpatient Care

- Of the 91 facilities that offered outpatient substance abuse care, 76 percent provided intensive outpatient services and 8 percent offered day treatment/partial hospitalization.
- Regular outpatient treatment services were offered by 93 percent of outpatient facilities.

Residential Care

- Of the 24 residential facilities in Portland, 88 percent offered long-term residential treatment (more than 30 days) and 42 percent offered short-term residential treatment (30 days or less).

Detoxification Programs

- A total of 25 facilities offered detoxification services. Of these facilities, 96 percent provided detoxification from opiates (heroin and prescription painkillers), 62 percent from cocaine, and 57 percent from alcohol.

Opioid Treatment Programs

Opioid treatment programs (OTPs) provide medication-assisted therapy with methadone and/or buprenorphine for the treatment of addiction to opiates such as heroin and prescription painkillers.

- In 2008, 11 of the 101 treatment facilities (11 percent) in Portland operated OTPs. On a typical day,⁶ 3,280 clients at these OTPs were receiving medication-assisted opioid therapy with methadone or buprenorphine.⁷

References

U.S. Census Bureau. (2009). Metropolitan and micropolitan statistical areas. Retrieved on December 2, 2009, from <http://www.census.gov/population/www/metroareas/metrodef.html>

End Notes

- ¹ MSAs are geographic entities used by Federal statistical agencies to collect, analyze, and publish Federal statistics, and are defined by the U.S. Office of Management and Budget.
- ² The Portland-Vancouver-Beaverton, OR-WA MSA includes the following counties in Oregon and Washington. Oregon counties: Yamhill, Washington County, Multnomah, Columbia, and Clackamas. Washington counties: Clark and Skamania.
- ³ The Treatment Episode Data Set (TEDS) is a compilation of data on the demographic and substance abuse problems of those admitted for substance abuse treatment. The information comes primarily from facilities that receive some public funding. Information on treatment admissions is routinely collected by State administrative systems and submitted to the Substance Abuse and Mental Health Services Administration (SAMHSA) in a standard format. TEDS records represent admissions rather than individuals, because a person may be admitted to treatment more than once. See the annual TEDS reports at <http://www.oas.samhsa.gov/dasis.htm#teds3>.
- ⁴ The National Survey of Substance Abuse Treatment Services (N-SSATS) is designed to collect information from all facilities in the United States, both public and private, that provide substance abuse treatment. N-SSATS does not collect information from the following three types of facilities: non-treatment halfway houses; jails, prisons, or other organizations that treat incarcerated clients exclusively; and solo practitioners.
- ⁵ TEDS collects information on up to three substances of abuse that lead to the treatment episode. The main substance abused by the client is known as the “primary substance of abuse.”
- ⁶ N-SSATS collected information on the number of clients in treatment at each facility on the survey reference date of March 31, 2008.
- ⁷ It is possible that the number of clients receiving treatment at opioid treatment programs (OTPs) on the N-SSATS reference date will appear relatively large in comparison with the number of annual treatment admissions based on data from TEDS. Reasons for this include: (1) persons receiving medication-assisted opioid therapy often remain in treatment for extended periods of time and thus do not show up in an annual count of admissions to treatment; and (2) some private for-profit OTPs do not report to TEDS but are surveyed in the N-SSATS.